



## **Information for Students**

Welcome to 'Adopt a Pop, Gain a Granny' Primary School Aged Care Community link Program.

You have been invited to visit some Pops and Grannies in your community at the local nursing home.

### **What is the project about?**

Sometimes Pops and Grannies in nursing homes can get forgotten about because we are all so busy with school work and sport and birthday parties. Their families may live a long way away, or they may not have any family. Also you, or some of your friends may not have any grand parents left to hang out with. This project aims to link up schools and nursing homes so that we can all look out for each other and learn from each other.

### **What's in it for me?**

You get to meet new people.

You get to leave the classroom for a little while and who doesn't love that!

You get to practice talking to older people and you can learn about history from them. There may even be Pops and Grannies that lived through a war or a great depression or remember what it was like before televisions, mobile phones and ipads.

You get to feel great about brightening up the day of an older person who probably doesn't get many visitors. One day we all might end up in nursing homes and wouldn't it be nice if we knew we would get cool kids visiting from the school around the corner?

### **What should I do to prepare?**

Practise speaking loudly and clearly. Pretend you and your friends are hard of hearing and have a conversation slowly loudly and clearly.... Do this outside, not in the class room!

Your teacher will give you some idea's but if you think of some conversation topics you are interested in, you will be able to start up interesting conversations ,

eg: What sort of work did they do? What did they want to be when they were your age?

Where did they grow up? What was their favourite holiday or pet or food?

If they were stranded on a desert island what 3 things would they take with them?

If they were your age, and could fly anywhere with you right now - where would they like to go?

## **CONSENT FORM**

Don't forget to get mum or dad to sign your consent form and take it back to your teacher!

## **HAVE FUN!**